

The use of garlic and thyme has been traced back thousands of years. These legendary herbs are now being studied by modern science because of their potentially beneficial properties.

**Instructions:** Take one softgel three times a day with plenty of water preferably 30-60 minutes before a meal. Store tightly closed in a cool, dry place. Do not use if seal under cap is broken or missing.

Keep out of reach of young children. Do not exceed the stated recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle.

**Best before end:**  
see bottom of container.

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# Forever Garlic-Thyme™

Odorless Garlic plus Thyme

Food Supplement

**100**  
Softgels

Net  
weight  
**31 g**

## Nutritional Values

Daily doses per container: 33

Per recommended daily dosage: 3 softgels

	Quantity
Garlic ( <i>Allium sativum</i> L.) bulb extract	30 mg*
Thyme ( <i>Thymus vulgaris</i> L.) leaf powder	150 mg*

\*Reference Intake not established

**Ingredients:** Canola oil, gelatin, thyme (*Thymus vulgaris* L.) leaf powder, humectant (glycerol), purified water, garlic (*Allium sativum* L.) bulb extract, emulsifier (**soy** lecithin), thickener (beeswax), carob powder [corn syrup, colour (sulphite ammonia caramel), carob (*Ceratonia siliqua* L.) fruit extract].

**Allergy advice:** for allergens, see ingredients in **bold**.

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